

AGAINST THE TIDE.

Rowing against the tide is hard work, even when the boat is light and the rower strong. Every stroke takes away a little strength. The lungs work hard to keep the blood supplied with oxygen. Objects on the shore seem to move past with disheartening slowness. Arms and back ache, and courage fails. The sick person, with a sluggish liver, bad blood and worse digestion, is like a man pulling against the tide. His struggle to keep alive is heartbreaking. His merciless mirror shows a pale, haggard face, with sunken cheeks and eyes, either dull or shining with the brightness so often noticed in consumptives. He needs treatment but no lasting benefit may be expected from that which is overgrown with the moss of tradition. The effective and reliable cure is

WAMPOLE'S PREPARATION

of the nutritive and curative properties of Pure Cod Liver Oil, combined with the Compound Syrup of Hypophosphites and the Extracts of Malt and Wild Cherry. It is palatable as honey, and as a remedy for wasting diseases it stands in the front rank in the march of medicine. It stimulates the sluggish organs of secretion, purifies the blood, promotes digestion, revives a natural appetite and builds up the whole system. Sufferers from Nervous Debility, La Grippe, Bowel Complaints, Throat and Lung Troubles, etc., testify to its transcendent value. Dr. E. J. Boyes says: "In a recent case a patient gained nearly twenty pounds in two months treatment in which it was the principal remedial agent." For the misery of disease it gives the happiness of robust health. One bottle convinces. Effective from the first dose. Look it up. "You cannot be disappointed in it." Sold by chemists here and everywhere.

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NOTICE

ANY WOMAN OR GIRL NEEDING help or advice, is invited to communicate, either in person or by letter, with Ensign Nora M. Underhill, matron of the Salvation Army Woman's Industrial Home, Young street, between Artesian and McCully streets, mauka side, Honolulu.

Smoke Gillman House Boquet Cigars BEAVER LUNCH ROOMS H. J. NOLTE.

Hawaii Shinpo Sha

THE PIONEER JAPANESE PRINTING office. The publisher of Hawaii Shinpo, the only daily Japanese paper published in the Territory of Hawaii. C. SHIOZAWA, Proprietor. Y. SOGA, Editor. Editorial and Printing Office—1039 Smith St., above King. P. O. Box 907. Telephone Main 47.



HOUSEKEEPING IN ROME

People who would be called well off in America are rich in Rome; people we should consider poor can live here with much comfort and some luxury. For instance, cabs cost 16 cents a course for two people, or 40 cents an hour. I pay my seamstress 50 cents a day and my cook \$7 a month; a clever young Italian doctor, modern, up-to-date, well educated, is quite satisfied with \$1 a visit. Good hotels (not the two or three most extravagant) charge 12 francs (about \$2.40) a day. Meat, chicken, eggs, fish, fruit and vegetables are cheap; but all imported groceries are horribly dear by reason of the 50 per cent. duty they must pay, says a writer in Lippincott's. Coffee costs 50 cents a pound, sugar 20, American kerosene oil is sold in five-gallon cans for \$3—fancy! we pay more for petroleum than for olive oil or wine. Postage stamps, salt and tobacco—all government monopolies—are sold only at tobacconists'. Milk is not cheap; the best in Rome comes from Prince Doria's herd of Jerseys. Unfortunately, we are not on his milkman's route; our milk comes from the Villa Ada, which belongs to an American lady, a daughter of Rogers, the sculptor. It is very good milk, quite different from that we get at a pinch from the vaccaria around the corner, where in a dark, dreadful dungeon—pale cows with long, untrimmed hoofs pass their melancholy lives. Pompilia is in despair because we will drink our milk unboiled; when I saw the prisoner cow I understood why. Italy is a poor country, and poor people can live comfortably here. Rents, servants and food are all cheap; it may be a paltry reason for abandoning one's country that one can get more pork for one's shilling elsewhere, but it is a potent reason. Here in Rome prices are all scaled to the different pockets. I pay less at the same shops for the same things than my rich friends pay, but some things even the rich cannot secure, certain conveniences—rapid transit, steam heat, "rapid delivery," express service—cannot be purchased, and, what is really serious, good schooling is not to be had at any price, so few Americans with children to educate settle in Rome. But for men and women there is no school like Rome. Well, really, I learn something every time I go out of doors, whether it be to the Appian Way, the Via Sacra, the Forum, or to the Corso. The yellow Tiber, the fountains, the nightingales of the Villa Medici, the ilex trees of the Borghese, seem to whisper the secrets of the city with the mighty past, the mother and lawgiver of nations.

I soon found out that in all domestic affairs I must learn Italian methods; it was useless to try and teach Pompilia and Filamena our ways. After the tussle over the washing I gave it up. Set tubs, washboards, wringing machines? Nothing of that sort. Sunday evening the clothes are put in a large copper vessel, a basketwork cover is laid on top, over which a layer of wood-ashes is spread, then boiling water is poured on slowly, percolating a little at a time through the clothes, which are bleached by the lye of the ashes; this is the bucato. When they have stood long enough in this witch's cauldron the clothes are carried down to the basement and washed with cold water in the vast stone fountains of the palace, which we have the right to use one day in the week. The women employ a stiff brush and the queerest green soap to scrub the linen; if we have any tablecloths left at the end of six months we shall be lucky. The American clothespins and line I sent for are neatly displayed in the kitchen as curiosities. We "hang out" on an iron clothes-line to which the linen is tied by small pieces of twine, as it was in the days of the Empress Faustina. We are no better than our mothers! The clothes are sent to a striaire to be ironed.—Springfield Republican.

WAS TWEED'S BANQUET HALL

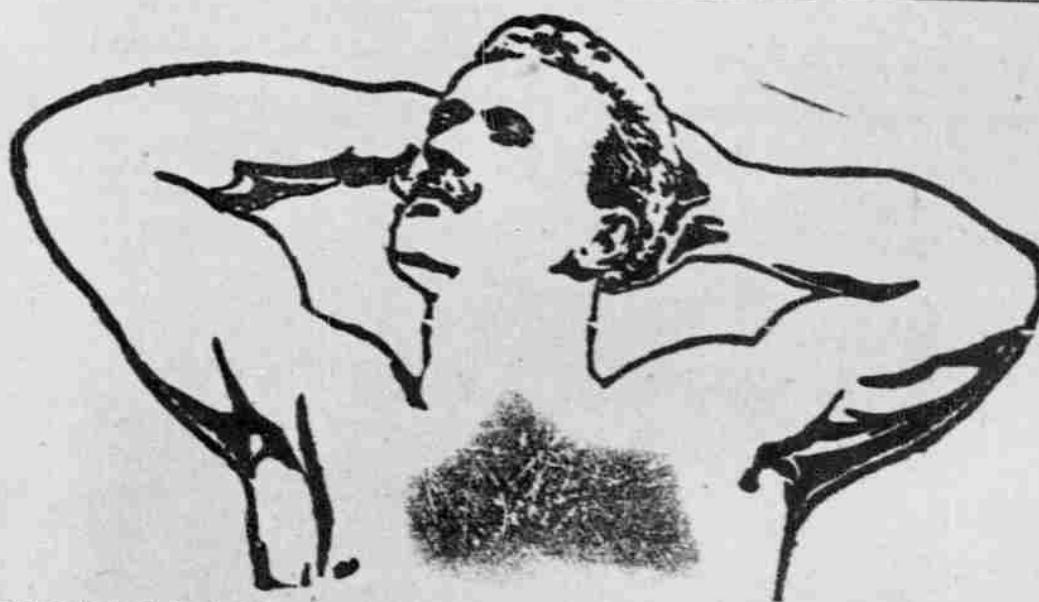
The once famous Tweed banquet hall in the basement of the New York city hall, is now used as a storage room for the city record office. When Tweed owned the city government he would sometimes give secret banquets to the aldermen and other city officers. These mysterious features took place in a big room in the basement, into which no prying eye could pierce and from which no sound could reach a listening ear. There was a large cooking range in the room, and on that all the food was cooked. At another period in the history of the city prize fights were fought to a finish in the same room. But the glory of ancient history has departed from the place and it is now reduced to base business purposes.

A PERTINENT QUERY.

Farmer Summergrass: "Dod blinged if I'd ever believe it ud be so foggy in New York 'f I hadn't seen it. What's the matter with your machinery anyway?"

New Yorker: "What do you mean?"

Farmer Summergrass: "Why you talk so much about your skyscrapers—now why don't the blamed things work?"—Four Track News.



"I Can Handle Any Man My Size"

HOW OFTEN THAT IS SAID BY MEN WHO HAVE BEEN cured of Nervous Debility by the Dr. McLaughlin Electric Belt! They say it every day. Men who have been weak, gloomy, irresolute and who had no confidence in themselves at all, are now holding up their heads in pride, with the knowledge that perfect strength is restored; that they are as good as any man that walks, and better than any man of their size. You know you are weak now and wish you could say that you were as good as any man of your size. You can if you will use this grand incinerator.

Dr. McLaughlin's Electric Belt

DR. McLAUGHLIN—Dear Sir: In regard to the belt I purchased of you, I will say it is the only cure that I have ever found. I have gained 15 pounds since I began your treatment and feel like another man. I can work and have the energy to do my work. Yours very truly, C. H. DREWRY, Korbel, Cal.

They come every day from everywhere. There is not a town or hamlet in the country which has not cures by Dr. McLaughlin's Electric Belt.

Now what does this mean to you, dear reader? If you are not what you ought to be, can you ask any better proof to make you try it? Is there a remedy which is as simple, as easy to use, as sure to cure and as cheap as Dr. McLaughlin's Electric Belt? I have not seen one. You must try it. In justice to yourself and those who look to you for their future happiness, try it now. Act this minute. Such a matter ought not to be delayed.

It's as good for women as for men. Worn while you sleep, it causes no trouble. You feel the gentle, glowing heat from it constantly, but no stinging, no burning, as in old style belts.

Call to-day, or send for my beautiful book, full of the thing a man likes to read if he wants to be a strong man. It is sent sealed free. Cut out this ad. DR. M. G. McLAUGHLIN, 906 Market Street Above Ellis, San Francisco.



VIEW OF MONASTIR.

THE VATICAN.

The Vatican consists of a collection of buildings erected at various times and for different purposes, the whole constituting the papal residence, a library and a museum. The length of the palace is 1,151 feet, nearly five of our city blocks. Its breadth is 767 feet. It has eight grand stair cases, twenty courts and over 11,000 apartments of different sizes. The quarters inhabited by the pope are never seen except by those who are admitted to a special

audience. The library is the oldest and most celebrated in Europe, containing 40,000 books and 25,000 manuscripts. Neither books nor manuscripts are to be seen; they are inclosed in sealed cabinets. The museum contains 10,000 pieces of statuary, yet so ample are its proportions that there is no crowding. Here are several of the noblest paintings of the old masters, among them, "The Jewel of the Vatican," the first picture in the world. It is "The Transfiguration," by Raphael. Mr. Morgan would give \$5,000,000 for it.

"Well, there is one thing that can be said of Crawford. Although he went fishing himself on the Sabbath he didn't let his little son fish." "I am glad to hear that. Was the boy at Sunday-school?" "No, baiting the hooks."—Chicago Daily News.

Little Doris (talking to her doll, whose arm had come off, exposing the sawdust stuffing)—"You dear, good, obedient dolly, I knew I had told you to chew your food fine, but I did not think you would chew it so fine as that."—Glasgow Evening Times.

Done in oil: Miss DeAuber (an amateur artist)—"Have you ever been done in oil, Mr. Mark?" Mr. Marks—"Well, I guess yes." Miss DeAuber—"And who was the artist?" Mr. Marks—"Artist nothing! It was a promoter that did me."—Chicago News.

Poor child: "I hear Jack Kendor was here to see the baby," said Mr. Hoamley. "Yes," his wife replied. "I supposed the first thing he said was 'He looks just like his father?'" "No; the first thing he said was 'Good heavens!' Then he said that."—Philadelphia Press.

Positive, bet; comparative, better; superlative, better not.—Detroit Free Press.

NO LONGER BOTHERED.

"I thought I'd drop in and tell you what your hair-restorer did for a friend of mine," said the visitor. "When he started using your elixir there were only a few hairs on his head, but now it's completely covered."

"Indeed!" exclaimed the patent medicine man.

"Yes, by six feet of earth."—The Philadelphia Press.

A SOLILOQUY.

A married editor soliloquizes thus of the gentler sex: "There is gladness in her gladness when she's glad, and there is sadness in her sadness when she's sad; but the gladness of her gladness and the sadness of her sadness are nothing to her madness when she's mad."—The London Tit-Bits.

POOR EXCUSES.

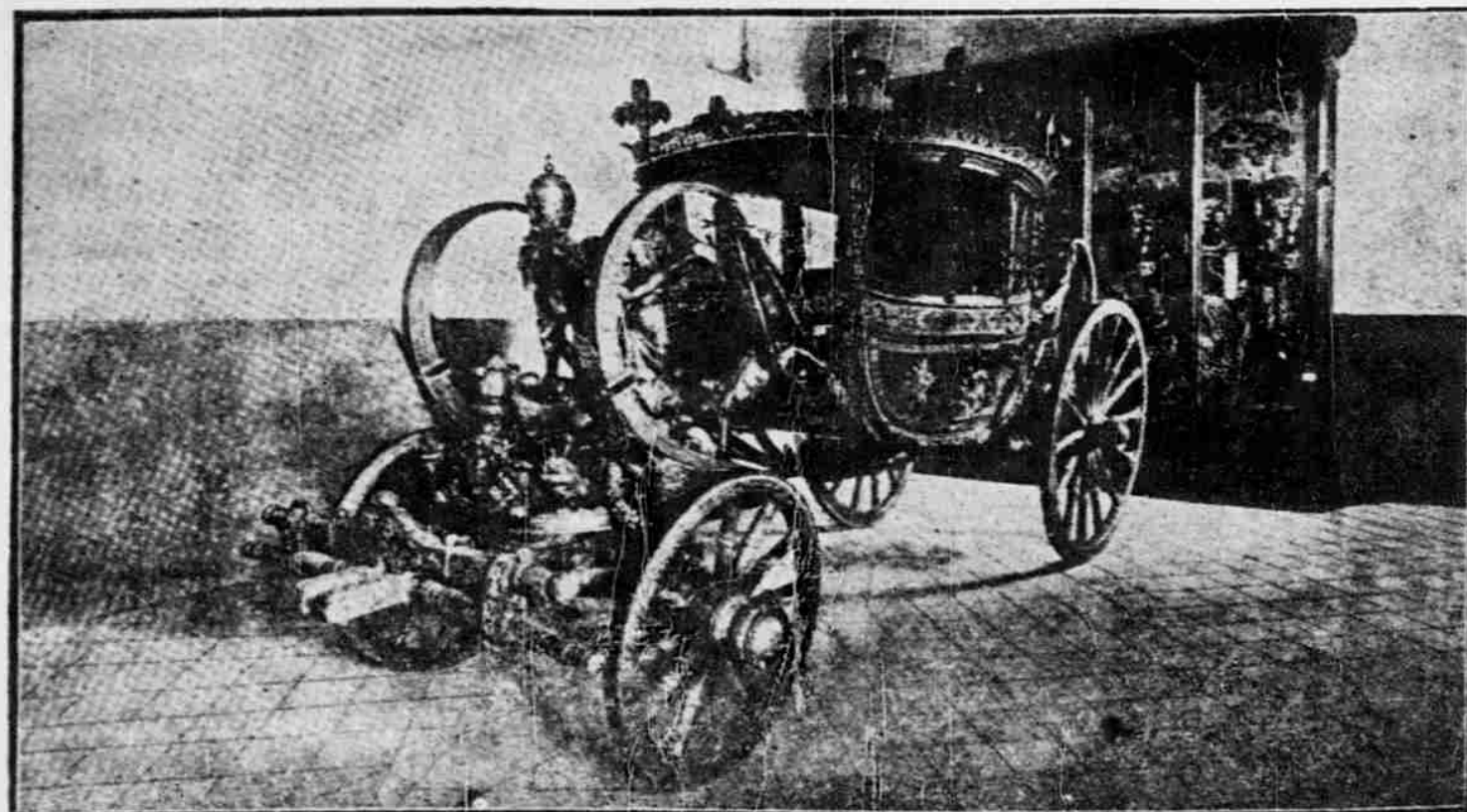
Teacher: "Tommy, next time you are late, bring an excuse from your father."

Tommy: "Who? Father? Why, he ain't no good at excuses. Ma always finds him out."—The Lyre.

BEHIND THE SCENES.

"They are calling for the author. What shall I do?"

Stage Manager: "You had better get out the back door as quick as you can."—Life.



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